



REGIONAL SCHOOL DISTRICT 13

Grade 1 Physical Education Rubric

	4 Meeting	3 Approaching	2 Developing	1 Beginning
S1.E1 S1.E7 S1.E13 Exhibits developmentally appropriate motor skills	Exhibits the following developmentally appropriate motor skills: <ul style="list-style-type: none"> • Hops, gallops, jogs, and slides with a mature pattern • Transfers weight from one body part to another • Demonstrates emerging skills with manipulatives 	Exhibits most of the following developmentally appropriate motor skills: <ul style="list-style-type: none"> • Hops, gallops, jogs, and slides with a mature pattern • Transfers weight from one body part to another • Demonstrates emerging skills with manipulatives 	Exhibits some of the following developmentally appropriate motor skills: <ul style="list-style-type: none"> • Hops, gallops, jogs, and slides with a mature pattern • Transfers weight from one body part to another • Demonstrates emerging skills with manipulatives 	Does not yet exhibit the following developmentally appropriate motor skills: <ul style="list-style-type: none"> • Hops, gallops, jogs, and slides with a mature pattern • Transfers weight from one body part to another • Demonstrates emerging skills with manipulatives

<p><u>S2.E1</u> Applies knowledge of concepts, principles, strategies and/or tactics related to movement and performance</p>	<p>Applies knowledge of concepts, principles, strategies, and/or tactics related to movement and performance by differentiating between fast and slow speed; traveling demonstrating low, middle, and high levels</p>	<p>Applies knowledge of most concepts, principles, strategies, and/or tactics related to movement and performance by differentiating between fast and slow speed; traveling demonstrating low, middle, and high levels</p>	<p>Applies knowledge of some concepts, principles, strategies, and/or tactics related to movement and performance by differentiating between fast and slow speed; traveling demonstrating low, middle, and high levels</p>	<p>Does not yet apply knowledge of concepts, principles, strategies, and/or tactics related to movement and performance by differentiating between fast and slow speed; traveling demonstrating low, middle, and high levels</p>
<p><u>S4.E1</u> <u>S4.E5</u> Applies knowledge of rules and etiquette specific to activities</p>	<p>Applies knowledge of rules and etiquette specific to activities by taking turns and sharing materials, respecting the safety of others, using equipment responsibly, and following the rules of the game or activity</p>	<p>Applies knowledge of most of the rules and etiquette specific to activities by taking turns and sharing materials, respecting the safety of others, using equipment responsibly, and following the rules of the game or activity</p>	<p>Applies knowledge of some of the rules and etiquette specific to activities by taking turns and sharing materials, respecting the safety of others, using equipment responsibly, and following the rules of the game or activity</p>	<p>Does not yet apply knowledge of rules and etiquette specific to activities by taking turns and sharing materials, respecting the safety of others, using equipment responsibly, and following the rules of the game or activity</p>

<p><u>S3.E2</u> Exhibits understanding of how and why a physically active lifestyle is important for good health</p>	<p>Exhibits understanding of how and why a physically active lifestyle is important for good health by engaging actively in physical education class</p>	<p>Exhibits most of the understandings of how and why a physically active lifestyle is important for good health by engaging actively in physical education class</p>	<p>Exhibits some of the understandings of how and why a physically active lifestyle is important for good health by engaging actively in physical education class</p>	<p>Does not yet exhibit understanding of how and why a physically active lifestyle is important for good health by engaging actively in physical education class</p>
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