



REGIONAL SCHOOL DISTRICT 13

Grade 5 Physical Education Rubric

	4 Meeting	3 Approaching	2 Developing	1 Beginning
S1.E2 Exhibits developmentally appropriate motor skills	<p>Exhibits the following developmentally appropriate motor skills:</p> <ul style="list-style-type: none"> ● runs for distance with a variety of paces ● catches, passes, or traps a ball when both partners are moving; combines dribbling skills with other skills during small sided games ● Combines manipulative skills and traveling for execution to a target such as, scoring in soccer, hockey and basketball 	<p>Exhibits most of the following developmentally appropriate motor skills:</p> <ul style="list-style-type: none"> ● runs for distance with a variety of paces ● catches, passes, or traps a ball when both partners are moving; combines dribbling skills with other skills during small sided games ● Combines manipulative skills and traveling for execution to a target such as, scoring in soccer, hockey and basketball 	<p>Exhibits some of the following developmentally appropriate motor skills:</p> <ul style="list-style-type: none"> ● runs for distance with a variety of paces ● catches, passes, or traps a ball when both partners are moving; combines dribbling skills with other skills during small sided games ● Combines manipulative skills and traveling for execution to a target such as, scoring in soccer, hockey and basketball 	<p>Does not yet exhibit the following developmentally appropriate motor skills:</p> <ul style="list-style-type: none"> ● runs for distance with a variety of paces ● catches, passes, or traps a ball when both partners are moving; combines dribbling skills with other skills during small sided games ● Combines manipulative skills and traveling for execution to a target such as, scoring in soccer, hockey and basketball

<p><u>S2.E2</u> Applies knowledge of concepts, principles, strategies and/or tactics related to movement and performance</p>	<p>Applies knowledge of concepts, principles, strategies and/or tactics related to movement and performance by combining movement concepts with skills in small sided practice tasks in game environment, applying the concepts of direction and force to strike an object with long handled implement, and applying basic offensive and defensive strategies and tactics in invasion and small sided practice games</p>	<p>Applies knowledge of most of the concepts, principles, strategies and/or tactics related to movement and performance by combining movement concepts with skills in small sided practice tasks in game environment, applying the concepts of direction and force to strike an object with long handled implement, and applying basic offensive and defensive strategies and tactics in invasion and small sided practice games</p>	<p>Applies knowledge of some of the concepts, principles, strategies and/or tactics related to movement and performance by combining movement concepts with skills in small sided practice tasks in game environment, applying the concepts of direction and force to strike an object with long handled implement, and applying basic offensive and defensive strategies and tactics in invasion and small sided practice games</p>	<p>Does not yet apply knowledge of concepts, principles, strategies and/or tactics related to movement and performance by combining movement concepts with skills in small sided practice tasks in game environment, applying the concepts of direction and force to strike an object with long handled implement, and applying basic offensive and defensive strategies and tactics in invasion and small sided practice games</p>
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<p><u>S3.E3</u> Exhibits understanding of how and why a physically active lifestyle is important for good health</p>	<p>Exhibits understanding of how and why a physically active lifestyle is important for good health by engaging actively in all of the physical activities of physical education, differentiating between skill-related and health related fitness, analyzing the results of pre and post fitness assessment, and comparing results to fitness components for good health</p>	<p>Exhibits most understandings of how and why a physically active lifestyle is important for good health by engaging actively in all of the physical activities of physical education, differentiating between skill-related and health related fitness, analyzing the results of pre and post fitness assessment, and comparing results to fitness components for good health</p>	<p>Exhibits some understandings of how and why a physically active lifestyle is important for good health by engaging actively in all of the physical activities of physical education, differentiating between skill-related and health related fitness, analyzing the results of pre and post fitness assessment, and comparing results to fitness components for good health</p>	<p>Does not yet exhibit understanding of how and why a physically active lifestyle is important for good health by engaging actively in all of the physical activities of physical education, differentiating between skill-related and health related fitness, analyzing the results of pre and post fitness assessment, and comparing results to fitness components for good health</p>
<p><u>S4.E1</u> Applies knowledge of rules and etiquette specific to activities</p>	<p>Applies knowledge of rules and etiquette specific to activities by critiquing the etiquette involved in rules of various game activities and applying safety principles with age appropriate physical activities</p>	<p>Applies knowledge of most rules and etiquette specific to activities by critiquing the etiquette involved in rules of various game activities and applying safety principles with age appropriate physical activities</p>	<p>Applies knowledge of some rules and etiquette specific to activities by critiquing the etiquette involved in rules of various game activities and applying safety principles with age appropriate physical activities</p>	<p>Does not yet apply knowledge of rules and etiquette specific to activities by critiquing the etiquette involved in rules of various game activities and applying safety principles with age appropriate physical activities</p>